

# **PANDA thru TORA DAILY SCHEDULE**

## **Panda/Saru/Kuma Schedule**

8:30	-	8:45 AM	Sign In and Taiso (morning exercise)
8:45	-	9:35 AM	Period 1 Class Time
9:35	-	10:15 AM	Period 2 Class Time
10:15	-	10:45 AM	Snack and Recess
10:45	-	11:25 AM	Period 3 Class Time
11:25	-	12:15 PM	Period 4 Class Time
12:15	-	1:00 PM	Lunch Period
1:00	-	1:50 PM	Specialty 1
1:50	-	2:00 PM	Move to next activity
2:00	-	2:50 PM	Specialty 2
2:50	-	3:10 PM	Snack and bathroom break
3:10	-	3:15 PM	Move to Demonstration area
3:15	-	4:00 PM	Demonstration
4:00			Checkout or Transfer to Extended Care
4:00	-	5:30 PM	Extended Care - Optional

## **Zou/Kirin/Tora Schedule**

8:30	-	8:45 AM	Sign In and Taiso (morning exercise)
8:45	-	9:35 AM	Period 1 Class Time
9:35	-	10:25 AM	Period 2 Class Time
10:25	-	10:55 AM	Snack and Recess
10:55	-	11:40 AM	Period 3 Class Time
11:40	-	12:30 PM	Period 4 Class Time
12:30	-	1:00 PM	Lunch Period
1:00	-	1:50 PM	Specialty 1
1:50	-	2:00 PM	Move to next activity
2:00	-	2:50 PM	Specialty 2
2:50	-	3:10 PM	Snack and bathroom break
3:10	-	3:15 PM	Move to Demonstration area
3:15	-	4:00 PM	Demonstration
4:00			Checkout or Transfer to Extended Care
4:00	-	5:30 PM	Extended Care - Optional

# **RYU AND TSURU DAILY SCHEDULE**

## **Tsuru Schedule (Week 1) and Ryu (Week 2)**

8:30	-	8:45 AM	Sign In and Taiso (morning exercise)
8:45	-	9:45 AM	Taiko
9:45	-	10:45 AM	Period 1 Class Time
10:45	-	11:45 AM	Specialty Class (Origami on Mon/Tues and Sumie on Wed/Fri)
11:45	-	12:45 PM	Period 2 Class Time
12:45	-	1:15 PM	Lunch
1:15	-	2:15 PM	Period 3 Class Time
2:15	-	3:15 PM	Period 4 Class Time
3:15	-	4:00 PM	Demonstration
4:00			Checkout or Transfer to Extended Care
4:00	-	5:30 PM	Extended Care – Optional

## **Tsuru Schedule (Week 2) and Ryu (Week 1)**

8:30	-	8:45 AM	Sign In and Taiso (morning exercise)
8:45	-	9:45 AM	Period 1 Class Time
9:45	-	10:45 AM	Taiko
10:45	-	11:45 AM	Period 2 Class Time
11:45	-	12:45 PM	Cooking
12:45	-	1:15 PM	Lunch
1:15	-	2:15 PM	Period 3 Class Time
2:15	-	3:15 PM	Period 4 Class Time
3:15	-	4:00 PM	Demonstration
4:00			Checkout or Transfer to Extended Care
4:00	-	5:30 PM	Extended Care – Optional